

## Shipping Instructions

You will have a pre-paid Royal Mail 1st class Label included in your kit. Please place the label on the outside of your shipping box, and either place in a Post box or take to a main / Royal mail Post Office.



## Blood test Instructions IgG Food Map - SERUM



Enclosed: Check panel code against the following table to see what's included  
Keep the box provided to return your sample in.

	GPL02 - SERUM
	1 x Gold Top SST
	1 x Aliquot
	1 x pipette
	1 x biohazard bag
	1 X security seal
	1 x Requisition form
Return Shipping Label	
Return Box (kit arrived in it)	



The Great Plains Laboratory, LLC

## Patient Information

**When?** Book your blood to be drawn and collected Monday to Thursday only ensuring the next day is not a bank holiday or weekend in the UK.

Preparation

- Do not stop any medications or supplements without checking with your health care professional beforehand.

**Where?** You can choose any location you like to collect your blood, but this does require a "centrifuge" (see blood draw requirements opposite) on site as part of the blood separation process for partner sites that can help visit [www.regeneruslabs.com](http://www.regeneruslabs.com).

If your blood draw location does not have a centrifuge, please ensure your sample is received within 24 hours by Regenerus Labs, Redhill, where we will centrifuge and decant your sample before dispatch for analysis.

See shipping instructions overleaf

Regenerus Laboratories Ltd  
Aero 14, Redhill Aerodrome,  
King's Mill Lane, Redhill,  
RH1 5JY, United Kingdom

## Phlebotomist Instruction

### Blood Draw

Please follow draw instructions below and invert each tube 8-10 times after completion of draw.

For GPL02 – serum, draw 1 x Gold Top SST tube only.

For Gold SST samples, stand for 15 minutes before centrifuging until serum sample is separated. (10 Min Swing Arm or 15 Min Fixed). For the one Gold Top tube only, remove the serum and pour off into the aliquot tube.

- Sign and date requisition form, and label the tube with name, date of birth and collection date.

### Packing

- Place all completed and labelled tubes into hazard bag and seal.
- Place bag into return shipping box with completed paperwork.
- Seal with security strip.
- This specimen is ready for shipping and must be dispatched same day.
- For your convenience, please find enclosed a **Pre-Paid Shipping label**. Please attach to the outside of the shipping box.

For assistance call 0203 750 0870